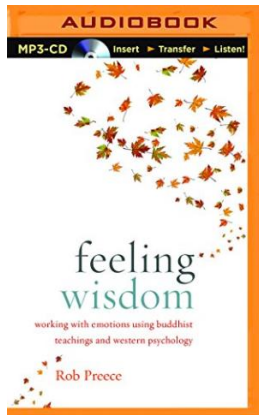


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FEELING WISDOM: WORKING WITH EMOTIONS USING BUDDHIST TEACHINGS AND WESTERN PSYCHOLOGY



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