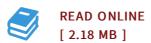




Nutritional Therapy: The Only Introduction You ll Ever Need

By Linda Lazarides

HarperCollins Publishers, United Kingdom, 1996. Paperback. Book Condition: New. 196 x 127 mm. Language: N/A. Brand New Book. An introduction to how to change your diet to change your health and what a nutritional therapist offers Many people are consulting nutritional therapists due to food allergies and other problems, many of which are caused by the body s inability to absorb essential nutrients due to the effects of antibiotics and other drugs and environmental pollutants. The book outlines: * how deficiencies occur * how nutritional therapy works * which key illnesses, such as eczema, asthma, candida, ME, arthritis and muscle pain, or food allergies the therapy can fight.



Reviews

This is the finest book i have got study till now. It usually does not price a lot of. I found out this publication from my i and dad encouraged this book to understand.

-- Jamil Collins

Absolutely among the best book I have possibly go through. I have go through and that i am certain that i am going to gonna read through once again again in the future. I am just delighted to tell you that this is basically the finest book i have got go through within my personal existence and could be he finest book for ever.

-- Brian Bauch