



## Guilt Be Gone: Become a Proud Working Mom in 12 Easy Steps

By Jennifer Barbin

Createspace. Paperback. Book Condition: New. This item is printed on demand. Paperback. 194 pages. Dimensions: 8.0in. x 5.2in. x 0.4in. Is my career a bad thing for my family Am I doing enough for my children Am I selfish if I want to take a step forward in my career Do I measure up to other parents Am I a bad mother If you have ever felt torn between motherhood and your career, you are in good company. The above questions reflect the thoughts of countless working mothers across the globe. We all struggle with feelings of persistent and sometimes overwhelming guilt that make us question both our parenting and career choices. Working mother guilt is real. I have been there. I am there. Every single day. Today, many working mothers are raising great kids and achieving amazing professional success, but if we don't feel good about it, then what is the point As a mother of three and a traveling executive, I am often stopped by working mothers of all types: full-time, part-time, traveling, remote, in-office, and any combination of those. And I am always asked the same question: How are you making it all work I have had to...



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